



"Guardianship. Valiance. Honour"

FAO: Commanding Officer/Elite Force

Date: 1167.02.05

Memorandum

Subject: Recommendation of promotion for Captain A. Elessar

Dear Encommandor Helski

I strongly recommend Cpt Elessar for promotion to the Elite Force. He has proven his potential and possesses the requisite skills to be an asset to Dinara's special forces. As his commanding officer, I can attest to his military skill, fortitude, intelligence, and ability to communicate with the soldiers in his command.

Over the past 20 years, Cpt Elessar has shown an unfailing commitment to the protection of crown lands and its people and has consistently demonstrated exceptional leadership with unrivalled dedication. There are numerous examples of his military achievements, the most notable being the attritional campaign at Gringarda, a strategic outpost on our North Eastern frontier. Not only were enemy forces convincingly defeated by his regiment, minimal losses were sustained to our forces. Moreover, Cpt Elessar was able to identify weaknesses in Moranian defence, and made significant gains in the capturing of useful lands beyond these particular borders. Successful governance has now been implemented and Dinaran trading lines secured.

Not only is he pre-eminent in the field, but he possesses the breadth and depth of doctrinal knowledge seldom seen in an officer of his rank. He excels in the learning of established military theory and is receptive to new ideas. He has well-developed analytical and problem solving skills and is not afraid to innovate, but always with the welfare of those in his command at the forefront of his mind. He has proven to be flexible and adaptable and is resilient and self-effacing if things don't go to plan. He has recently graduated from our accelerated programme for middle ranking officers with distinguished honours, something that less than 1% of candidates achieve.

Cpt Elessar possesses the natural ability to express his command clearly and concisely and demonstrates an enviable patience and compassion that has earned him the unwavering respect of all those who work with him. He understands the importance of each man and woman in his command and the role that each of them play in the success of upholding our principles. To this end, he takes a keen interest in the development of their military career, successfully guiding and motivating them when necessary.

In conclusion, it would be very difficult to find someone who is more suited to the Elite Force; his skills, qualities, fitness and ambition combine to make him an ideal candidate and I urge you to consider his promotion without reservation.

Regards

MAJOR TORA GOL

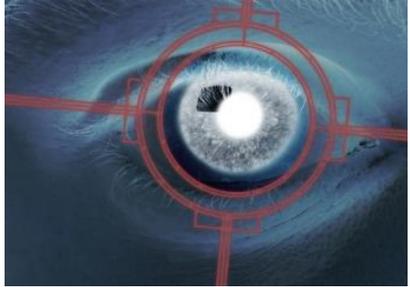


REDACTED

Division: Health and Well Being

Medical Assessment

REPORT OF MEDICAL EXAMINATION		1. Date of Examination [REDACTED]		2. Personal Identification Code [REDACTED]	
PRIVACY ACT STATEMENT					
<p>Principle Purpose(s): To obtain medical data for the determination of medical fitness for promotion for applicants and members of the FSP.</p> <p>Disclosure: Failure by an applicant to provide accurate information may result in delay or possible rejection of the individual's application for promotion or may result in the individual being placed in a non-deployable status.</p>					
3. LAST NAME – FIRST NAME – MIDDLE NAME (TITLE) Elessar - Ahran – Luca (Captain)		4. HOME ADDRESS: [REDACTED]			5. CONTACT CODE [REDACTED]
6. GRADE 5V	7. DATE OF BIRTH 20.03.1115	8. AGE 51	9. REGION OF BIRTH Dinara	10. TOTAL YEARS OF MILITARY SERVICE: 25	
CLINICAL EXAMINATION					
11. MEDICAL HISTORY No history of disease, health conditions, or mental disorder					
12. DENTAL HEALTH Category: Excellent					

13. EYESIGHT Category: Excellent					
14. BIOMETRIC DATA AND DISTINGUISHABLE MARKS					
PORTRAIT 		IRIS PATTERN 		RETINAL SCAN 	
THUMBPRINTS 		TORSO: FRONT Small surgical scar bottom right 		Torso: Back Feint birth mark middle left 	
15. LABORATORY FINDINGS All results for tests within normal parameters					
MEASUREMENTS AND OTHER FINDINGS					
16. HEIGHT 1.98 m	17. WEIGHT 91 kg	18. BODY FAT 6%	19. B/PRESS 115/75	20. TEMP 35	21. PULSE 48 bpm
22. SIGNIFICANT AND DISQUALIFYING DEFECTS None					
23. RECOMMENDATIONS – FURTHER SPECIALIST EXAMINATIONS INDICATED Routine psychometric/psychological testing					
24. a) NAME OF EXAMINER Hansa Ollma			25. b) SIGNATURE 		
26. This examination has been administratively reviewed for completeness and accuracy					
a) SIGNATURE 		b) GRADE 7XR		c) DATE 	



"Guardianship. Valiance. Honour"

Division: Psychology and Psychometric testing

Confidential

Psychological Evaluation

Name: Ahran Elessar
Date of Birth: 1115.20.03
Age: 51
Sex: Male
Referred by: Major Tora Gol
Date of Report: 1167.19.05
Examiner: Suzin Crolm

Reason for Referral: To assess the suitability of Cpt Ahran Elessar for promotion to the Elite Force.

Procedures:

- Hessel Adult Intelligence Scale
- Grugen-Stoffler Cognition Test
- Bahiman Multiphasic Personality Inventory
- Conceptual Perception Test
- Chachorsch Abstract Recognition
- Clinical Interview
- Bio-reaction monitoring throughout

Background Information:

Ahran Elessar was born into the Dinaran royal family, he has a mother, father and sister, is single, has never been married and has no children. He currently holds the rank of Captain within the Dinaran Armed forces. He passed psychological assessment phase 1 and 2 as is routine for middle ranking officers. There are no known psychological/psychiatric problems in his family history, however, it is believed that AE's great, great paternal grandmother suffered melancholic malaise after the birth of her third child from which she is thought to have never recovered.

Behavioural Observations:

AE was assessed on two separate occasions, he wore army fatigues and appeared relaxed and comfortable with each of the assessment procedures he was required to participate in. Due to the exacting nature and levels of concentration necessary, AE sustained an uncommon level of poise throughout and often with a degree of humour. His level of alertness was unwavering and he approached each task with impressive commitment and cool-headedness. AE speaks eloquently and is engaging in conversation. His mood was generally upbeat demonstrating a higher degree of emotion when questioned about his relationship with his father and a particularly traumatic event in his military career. Based on AE's behaviour and his apparent effort and cooperation, test results are likely to be an accurate assessment of his typical functioning.

Personal History:

AE's father is a Lawyer and his mother was a teacher prior to the birth of her two children. Thanks to his mother, AE had a settled home life, even though the demands of his father's career left little time for his family. This was mentioned a number of times during the interview and each time AE reacted in an emotional manner, this is reflected in data from the Bio-reaction monitor. As a child, AE distanced himself from his father, although his relationship with his mother and sister, was and still is good. It would seem that relations with his father continue to be strained. At a young age AE formed a strong attachment to his cousin and his cousin's family and he talks of these people fondly. His uncle and a mentor within his uncle's employ, provided strong male role models that AE had been unable to find in his father. AE maintains that his mother and father's relationship is secure, however, he believes that the success of their marriage is based on his parent's mutual understanding that it is a sacrosanct institution, rather than any real love they feel for one another.

AE spent his early childhood at home being educated in a local school, but continued his education at boarding school at the age of 12. AE adapted to being away from home well, which was helped by being with his cousin who was and still is, his best friend. AE excelled at sport and did well academically, although by his own admission, he engaged in the usual 'antics' of boys his age. He was mostly well-liked by his teachers except one teacher who disliked him due to his privileged status and would administer physical punishment should AE not meet her expectations. There is no evidence to suggest that this has had any long term effect. A significant amount of the school holidays was spent with his cousin's family a fact that AE was very happy about as a child.

AE reports that his adolescence was more problematic than his earlier childhood. He refers to this period as a time when he felt 'lost'. This manifested in lower grades at school. He admits that he felt jealous of his cousin and the close relationship he had with his father and there were a number of occasions where his behaviour earned him periods of exile away from his cousin's family. It is clear that AE feels uneasy about this, especially when his cousin offered his support, which at the time he rejected. There was eventually a reconciliation and their friendship has remained strong ever since.

AE graduated from school with honours and had a promising academic career ahead. However, leaving school triggered another turbulent period in his life when he found it difficult to adjust to a less regimented lifestyle. AE reports that he did further his academic studies successfully, but it was chequered with periods when he 'went off the rails'. AE

admits to drinking too much and having numerous, casual relationships with women despite being betrothed. AE reports that during these times, 'my relationship with my father sunk to an all-time low and I didn't care whether he lived or died'. AE feels that their relationship is on a better footing now, however, he does not believe it is ever likely to improve any further. When questioned about his betrothal, AE seems satisfied with his parent's choice and is committed to the arrangement. He has largely been faithful since.

AE completed two degrees; one in business and one in veterinary, but continued to feel that there was something missing from his life. It wasn't until his military service that he felt like he had found his vocation. He claims that it gave him the boundaries he was seeking, but the freedom to vent. He finds military life exciting and enjoys the physical and mental challenge. AE reports that he is still able to 'let his hair down', but does it less recklessly these days. It is clear that AE has a somewhat paternal approach to his military role and the soldiers within his command and he is determined to not let his absent father colour his view of what a good role model is. AE is keen to move on with his life.

Legal history: AE has been arrested twice, once for being drunk and disorderly and once for a brawl in a bar triggered by a man who spilt his drink over AE's date. Both times he was cautioned and no further action was taken.

Military history: AE entered military service at 30. He served as a soldier for two years, but was promoted after being recognised for his commitment and bravery. He worked through the ranks more quickly than is usually expected resulting in promotion to Captain after only four years. AE is clearly excited about the prospect of promotion to the Elite force and is committed to doing 'whatever it takes' to be successful.

Lifetime history of stressful events:

Other than his dysfunctional relationship with his father, AE has experienced the death of colleagues at first hand. It is with regret that he talks about these experiences, but they do not seem to have had any damaging effects. AE is philosophical about death in the military and reports that all soldiers know the risks. AE recalled one particular military campaign at Gandor when he witnessed a well-liked colleague lose both his legs. AE recalls that they were too far away from medical help so he held the soldier in his arms and talked to him encouraging him to think about his girlfriend back home and to picture his future with her. They talked for a few minutes, whilst the injured soldier slipped in and out of consciousness until he died peacefully with a 'smile on his face'. He admits that it was a particularly tough moment in his career. During the retelling of this experience, AE's bio-reaction was heightened.

Cognitive Functioning:

AE's performance on the Hessel Adult Intelligence Scale and the Grugen-Stoffler Cognition Test places him within the superior range of intellectual functioning. His aggregate score of 278/300 is higher than that of 96% of individuals of the same age. It is noteworthy that he scored particularly highly on Verbal Comprehension, Perceptual Organisation and Processing Speed. With his inherent composed manner this helps to explain the success in his military career to date and indicates his ability to assess a highly charged situation and consider available options quickly and efficiently. His short and long term memory are in the upper ranges. In summary, taking into account his attention to a task, powers of concentration and high functioning ability to process information his cognition is of an appropriate level for the role he is being recommended for.

Social-Emotional Functioning:

The results from the CPT assessment demonstrates that AE has a well-developed capacity to appreciate reality and control irrationality. AE also demonstrated a high-level of empathetic ability when presented with emotionally charged everyday stimuli, but when presented with similar stimuli within a typical work-related scenario he exhibited an uncommon response. The bio-reaction data revealed that his empathetic responses were triggered, but that he was able to mask these and continue to function rationally. It appears as if he is able to switch off his emotional response and operate on a professional level when presented with difficult/life-threatening scenarios, thus reducing the degree of any anxiety or stress he may have initially experienced. This ability to shut down emotion is often seen in high-performing military personnel, it has and would continue to serve AE well should his promotion be successful. There is a wide-body of evidence to suggest that this is learnt behaviour and it would be my summation that his relationship with his father during the developmental phase of his life is largely the reason for this. (See Personal History). Whilst this may serve him well in a professional capacity the result may be less desirable in personal relationships.

AE demonstrates high levels of self-esteem and values not only those that are close to him, but is humanitarian in his approach to those he works with and people in the wider world. AE has a resilient 'glass half full' approach to life which is vital in those working in stressful, life-threatening occupations.

Summary:

AE is from a privileged background, but within the boundaries of this he had a 'normal' early childhood. His adolescence was more troubled, but he still succeeded academically. He experienced unsettled periods in his twenties and found his vocation when he joined the army. It is my professional opinion, that there is nothing about his background and personal history that is likely to have any detrimental effect on his future career. If anything, the unfavourable relationship he has with his father has given him the drive to be a good soldier and leader.

In spite of his background, he seems remarkably grounded, level-headed and circumspect. There are two minor convictions on his record but neither are likely to have an effect on the role he is being considered for. AE has an exemplary military record to date. He has experienced the death of close colleagues, but has dealt with these difficult and emotionally charged events in a sensible and mature manner.

AE's cognitive functioning is in the upper ranges and falls within a small percentage of the wider population. His social-emotional functioning is sound, it has and would continue to serve him well in a more demanding military role.

Based on the data gathered, it is my summation that AE would not only do well in the role he is being considered for but he is likely to excel.

Respectfully submitted

